

Transforming Your Anger and Conflict



Does unresolved conflict or anger cause you problems at home or at work? If so, this group may be for you.

This **weekly, eight-session skills group** will provide practical information on the nature of anger and conflict, as well as healthy, effective strategies for responding to anger-triggering situations and resolving conflict.

March 10 – April 28, 2015*
Tuesdays from 12:00pm – 1:00pm

**Faculty Staff Assistance Program
1762 Clifton Rd, Suite 1100
Atlanta, GA 30322**

** All prospective participants must contact FSAP at **404-727-4328** by **Monday, March 2** to schedule a screening appointment prior to joining the group. Open to all Emory University and Emory Healthcare employees.*

